

CONNECT WITH YOUR TOWN: UNICOITN.NET





# History Tidbit!

Did you know our state name,
Tennessee originated from the
"Tanasi" name of an historic
Cherokee town in present-day
Monroe County?



Heritage Days 2017

"THE TOWN OF UNICOI'S MISSION
IS TO ENCOURAGE THE HARDWORKING,
DETERMINED SPIRIT OF OUR CITIZENS BY
RESPONDING TO COMMUNITY NEEDS
WITH QUALITY SERVICES."



# A Note from the Mayor:

Dear Fellow Residents and Business Owners:

The Town of Unicoi is as beautiful as ever! We are eagerly awaiting fall as we begin to prepare for our Annual Heritage Days Festival, Movies in the Park, and our Veterans Day Luncheon. Fall is a spectacular time to live in these mountains-be sure to explore the area hiking trails and see the miraculous fall foliage. We hope to see you

at the Town's events! - Johnny Lynch



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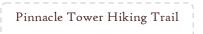
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# Keep Unicoi Beautiful

Ditches & Roads

Please help keep your culverts, ditches, and tiles free of debris. When leaves and brush accumulate in ditches, it can lead to clogged storm drains. This will eventually lead to flooding of these areas. With the large amounts of rain that we've had, the culverts are easily backed up. Please help prevent flooding due to clogged storm drains.







Thank you.

## Meet Ashley Cavender

The new Communications and Programs Director for the Town of Unicoi is thrilled to be here! Ashley has been in the area for 7 years, working with local food related non -profits and she is ready to serve the Town of Unicoi and its people. "I absolutely love my drive to work every morning seeing the clouds roll in along the mountains is priceless." She has already begun to meet the community and is eager to learn about and explore the Town. "I have always been passionate about small communities; but this one has something special!"



Contact her: acavender@unicoitn.net 423.735.0317



#### 2018 Calendar of Events

Town Events

#### Town Meetings

**BMA** Meetings at Town Hall

- Sept. 17th 5:30 pm
- Oct. 15th 5:30 pm
- Nov. 19th 5:30 pm
- Dec. 17th 5:30 pm

2nd Monday

of each month

3rd Monday of each month

Planning Commission at Town Hall

- Sept. 10th 5:30 pm
- Oct. 8th 5:30 pm
- Nov. 12th 5:30 pm
- Dec. 10th 5:30 pm



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#### September:

Fri. 7th & Sat. 8th: Community Yard Sale

Fri. 14th: Movies in the Park (Despicable Me 3)

Tuesdays: Farmers Market 8-1 pm

#### October:

Fri. 5th & Sat. 6th: Community Yard Sale

Fri. 19th & Sat. 20th: Heritage Days

Fri. 26th: Movies in the Park

(Hotel Transylvania 2)

#### November

Sat. 3rd: Veterans Luncheon

#### December

Sat. 1st: Christmas Parade

Sat. 8th: Christmas at the Cabin

# What's Mountain Harvest Kitchen (MHK) up to? Home Cooks Grant

Are you planning to save your garden produce this season? You are eligible to apply to use the MHK certified commercial kitchen, at no cost.

Launched this spring, applications are still available and can be found at Town Hall or online. Funding is awarded on a first-come, first-served basis until it runs out. Don't miss this opportunity and turn in

your application today. This is a scholarship opportunity for town residents and the grant is intended to cover both the orientation fee and kitchen rate

with up to 8 hours of kitchen time. Lee says, "This is a great opportunity to utilize the resources in the kitchen and embark on your culinary venture!"

# What's New in the Town?

Health Access Grant received!



September 12th:

Fresh Pasta Making Class

~ October 18th:

Making Yogurt at Home

November 15th:

Domestic Kitchen Program

Contact Lee: Lmanning@unicoitn.net (423)330-9650

taking steps to make healthy food options and healthy environments more accessible. The \$85,000 award from the Tennessee Department of Health will fund major initiatives including construction of a community Farmers Market Pavilion next door to the Visitor's Center as well as community

nutritional education and physical activity programs.

As part of the Town of Unicoi's commitment to building a foundation for a healthier community, this project is

Footsteps with Foodies Hike to Pinnacle

The program's "Footsteps with Foodies" walking campaign concluded this

August and was a huge success thanks to community partners Food City, ETSU College of Medicine,

UT Extension and TN Department of Health. With over 100 participants in the cooking demos and guided trail walks, this community is moving in the right direction!

### Recipe of the Month-Garden Fresh Tomato Soup



Prep 5 m, Cook 30 m, Ready In 35 m

"A quick and easy recipe for real homemade tomato soup like no other you've had before."

#### Ingredients

4 cups chopped fresh tomatoes

1 slice onion

4 whole cloves

2 cups chicken broth

2 tablespoons butter

2 tablespoons all-purpose flour

1 teaspoon salt

2 teaspoons white sugar, or to taste

#### Directions

In a stockpot, over medium heat, combine the tomatoes, onion, cloves, and chicken broth. Bring to a boil, and gently boil for about 20 minutes to blend all of the flavors. Remove from heat and run the mixture through a food mill into a large bowl or pan. Discard any material left over in the food mill.

In the now empty stockpot, melt the butter over medium heat. Stir in the flour to make a roux, cooking until the roux is a medium brown. Gradually whisk in a bit of the tomato mixture, so that no lumps form, then stir in the rest. Season with sugar

and salt, and adjust to taste.

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Sunflower Patch Exit 32



At the Tourist Information Center 10 am to 6 pm Address: 106 Unicoi Village Place

Join us for a day of celebrating 50 years of fire safety and education! We will have smoke detector sign-ups from the RedCross, ETSU's AOPi, fire safety presentation, fire truck and safety vehicles displayed with demos! Hot dogs, cake and more! This event is free to the public.

# A word from Keith Kelley—District Ranger

The Forest Service is winding down after a big recreation push during the summer months. Keith says, "It was really successful; a lot of campground activity!" NEW bear-proof dumpsters have recently been installed. Also, a new online reservation system for the campgrounds is in the works.

From the Forest Service



Bogart-Bowman Cabin, Est. Late 1700's 5012 Unicoi Dr, Unicoi TN 37692

The Annual Heritage Day is October 20th II:00 am to 3:00 pm

Take a trip back in time to celebrate Appalachian history and mountain culture at the Bogart-Bowman Cabin in Unicoi. The annual Heritage Day, celebrating southern Appalachian heritage, is sponsored by the Town of Unicoi and will feature a glimpse into daily mountain life in the early 1800s.

### Local Business Spotlight

#### Clarence's Drive-In

This booming restaurant has been through it all over the past several months with the fire that



destroyed the building around Christmas last year. Owner, Teresa Collins says, "I can't thank people enough for the overwhelming support. You don't realize how much this place means to some people until they start telling their stories of how many years they have come here and made it a tradition." The restaurant relocated temporarily down the street after the fire. Clean-up preparations will start soon on the structure that burnt, and they will return to the original location

in the future. Stop in for breakfast, lunch, or dinner; their biscuits and gravy are the BEST!



### Volunteer Spotlight



The Town of Unicoi is so grateful to have helpful hands to keep all the events and other community activities flowing smoothly and successfully. We would like to honor Stanley Campbell who has been an avid do-er and always seems to be around when he is needed most. "I will do anything I can to help ya'll!", said Stanley. His generous spirit is well known and for that we say "THANK YOU Stanley" for all you have done and will continue to do for this town and

community.

VOLUNTEER OPPORTUITIES
GET INVOLVED!

Volunteers are essential to the Town of Unicoi's programs and events. We would not maintain this success without your generosity and passion for your Town. If you are interested in volunteering,

We encourage you to contact Ashley or Trish! (423) 735-0317 or

communicationsandprograms@unicoitn.net



AmeriCorps Trail Maintenance



# Town of Unicoi receives Municipal League Award for Entrepreneurial Leadership

"Located amid the Cherokee National Forest, the natural beauty surrounding the Town of Unicoi is both an asset and a unique challenge when it comes to economic development. Local leaders in Unicoi have taken an innovative approach to growing business in the area and, as a result, have developed the Mountain Harvest Kitchen that is now drawing entrepreneurs from three states.

In honor of the efforts taken by the Town of Unicoi to combine tourism, education, and local re-sources into an economic development driver, the Tennessee Municipal League is pleased to present the Town with an award for Excellence in Entrepreneurial Leadership."



#### STAY TUNED!

The Town of Unicoi has applied for the Local Parks and Recreation Fund! We are anxiously awaiting word on whether or not the town will receive funding. Stay tuned for the Town's next newsletter to hear what is in store for the future!

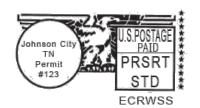
Next Newsletter will go out in early October.



3600 Unicoi Drive

P: 423.743.7162 / F: 423.743.7165

management@unicoitn.net



Directory:

Michael Borders:

cityrecorder@unicoitn.net 743.7162

Ashley Cavender:

communicationsandprograms@unicoitn.net 735.0317

Lee Manning:

mountainharvestkitchen@unicoitn.net 330.9650

Sherriff's Department / 743.1850

## **Postal Customer**

www.unicoitn.net
Facebook.com/townofunicoitn
Instagram.com/townofunicoi



Want to be in the know?

Sign up for our digital email newsletter!

Please email Ashley at communicationsandprograms@unicoitn.net

# In the beautiful buffalo valley...

